

PE and Sport CPD Opportunities 2009 – 2010

Our Commitment to Quality:

We are dedicated to delivering high quality PE to all young people in Norfolk schools. A vital part of this commitment is the provision of high quality continued professional development opportunities for staff across all key stages. Our courses continue to be highly rated – 100% as satisfactory or better over the last three years.

This booklet lists all the planned County courses for teachers, TA's and all other staff supporting learning in our schools. These courses are accredited through the County Council and are organised by the PE, Sport and Physical Development Service.

We also work closely with other partners, including the vast majority of the School Sports Partnerships where we deliver aspects of their CPD programme. Emphasis this year with them has been the High Quality PE Award training and support. This Award recognises the hard work of schools and in particular PE subject leaders and is also attracting national attention.

The courses listed here reflect national and regional priorities as well as essential courses such as health and safety. To book onto any of the attached courses, simply use the booking form enclosed with this flier. Should it be missing then a copy can be found on the PE website:

www.schools.norfolk.gov.uk/go/pe

Should you have any questions about any of our courses then do not hesitate to contact us on 01603 697000.



Whole School Training *A new drive and commitment*

As a Service we have run a large number of CPD courses in the past, working with on average 3650 teachers per annum. During this time we have remain consistent to the need to support schools with whole staff training, INSET and the provision of such developmental tools as team teaching.



We are pushing this even more at present as we have grown aware of the need to try and ensure consistency and the effective dissemination of course information across all staff teaching and supporting PE. We are also committed to keeping teachers in schools – teaching wherever possible.

We have seen a significant increase in uptake of this training medium and are incredibly keen to continue this as the impact is whole school. Attached to this flier is an INSET enquiry form which schools can use to request contact regarding the optimum delivery of whole staff training. If this is something which you feel would benefit and impact on standards within your school then please use it to make an enquiry. This does not commit you to anything but opens a dialogue between us to ensure that your needs are met and the agreed outcomes achieved.

We look forward to supporting you and delivering your outcomes.


“The most useful course I have been on. I learned more that I can use than on any other course” - Barbara Thomas – Brundall Primary



October 2009

Wed 7th  
ECS F7 A



Tues 20th 
ECS E6 A



November 2009



Weds 4th 
ECS E7 A


Fri 6th  
ECS E9 A

Mon 9th 
ECS F2 A


Tues 10th  
ECS F3 A

Wed 11th  
ECS F4 A

Mon 16th  
ECS F7 B



Thurs 19th 
ECS F1 A

Tues 24th 
ECS E6 B

Thurs 26th 
ECS G3 A

Thurs 26th 
& Fri 27th 
ECS G4 A

December 2009



Wed 2nd  
ECS F9 A


Fri 4th 
ECS G3 B

Mon 7th  
ECS F8 A

TBC 
ECS F4 B


January 2010

Mon 4th  
ECS G1 A



Tues 19th 
ECS F3 B



Tues 26th  
ECS F5 A


Thurs 28th  
ECS F6 A


Thurs 28th 
ECS E7 B


February 2010

Wed 10th  
ECS F9 B

Mon 22nd  
ECS F8 B

Tues 23rd 
ECS F3 C

Fri 26th 
ECS F4 C

Fri 26th 
ECS G3 C

Course

Outdoor and Adventurous Activity (OAA) - Developing Thinking Skills and Problem Solving at KS1 / 2.

Safe Supervision of Swimming

Gifted in PE - Primary

Action Kids – Val Sabin training for Early Years Practitioners –

Teaching High Quality PE in your NQT Year – a practical survival guide! (SECONDARY)

High Quality Gymnastics – Floor work to apparatus, planning the progression a practical guide (PRIMARY)

Developing and Implementing your Gifted and Talented in PE and Sport provision – Policy into Practice

Outdoor and Adventurous Activity (OAA) - Developing Thinking Skills and Problem Solving at KS1 / 2.

Teaching High Quality PE in your NQT Year – a practical survival guide! (PRIMARY)

Safe Supervision of Swimming

Trampolining Refresher – Secondary

Rebound Therapy – Secondary & Special (over two days)

Understanding Physical Health and Well-being – Planning for the New Primary Curriculum

Trampolining Refresher – Secondary

Delivering High Quality PE to young people with Autism

Developing and Implementing your Gifted and Talented in PE and Sport provision – Policy into Practice

County Swimming Assistant Certificate – supporting the learning poolside

High Quality Gymnastics – Floor work to apparatus, planning the progression a practical guide (PRIMARY)

High Quality Dance at KS2 – a practical survival guide

High Quality Dance at KS3 – Developing creativity and preparing for GCSE

Gifted in PE - Primary

Understanding Physical Health and Well-being – Planning for the New Primary Curriculum

Delivering High Quality PE to young people with Autism

High Quality Gymnastics – Floorwork to apparatus, planning the progression a practical guide (PRIMARY)

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Trampolining Refresher – Secondary

Venue

Swanton Morley Primary School

Thorpe St. Andrew High School

Toftwood Primary School

Lionwood Infant School, Norwich

Framingham Earl Sports College

Lionwood Junior School

Methwold High Sports College

Sidestrand Hall School

Bawburgh Primary School

Thorpe St. Andrew High School

Alderman Peel High School

Breckland Leisure Centre

FITC Norwich

City Academy

John Grant Special Sports College

Great Yarmouth TBC

Hewett High School, Norwich

All Saints Primary, Stibbard

Lionwood Infant School

Alderman Swindell Infant School

Rackheath Primary School

Dereham Leisure Centre

Parkside School

Rackheath Primary School

King Edward VII Sports College

Downham Market or City Academy TBC

March 2010

Tues 2nd

ECS E5 A



Planning and Organising a fully Inclusive Sports Day

Dussendale Primary School

Fri 5th

ECS G3 D



Trampolining Refresher – Secondary

Downham Market or

Fri 19th

ECS E7 C



Gifted in PE - Primary

City Academy TBC

Tues 23rd

ECS E8 A



Active Play for Early Years and KS1

Stibbard All Saints

April 2010

Thurs 22nd

ECS E8 B



Active Play for Early Years and KS1

Primary School

Weds 28

ECS F4 D



Developing and Implementing your Gifted and Talented in PE and Sport provision – Policy into Practice

All Saints Primary,

Stibbard

Queen's Hill Primary

and Nursery School

Framingham Earl High

School

Key to symbols:



These courses are suitable for school staff with QTS (Teachers)



These courses are suitable for Teaching Assistants / NPETCS candidates



These courses are suitable for wider school based workforce eg. Coaches, SENCO, Nursery Nurses



These courses have a practical component so please dress accordingly

2009/10 Course Content

Planning & Delivering a fully Inclusive Sports Day - 2 March 2010

ECS E5/A

This course is aimed at Primary subject leaders and TA's who are/have completed the Norfolk PE Teachings Competence Course. It will allow schools to reflect upon their current Sports Day provision, reviewing competitive v. co-operative activities. To evaluate strategies to ensure all pupils are able to engage in a Sports Day. To ensure Sports Day links to curriculum planning and development.

Safe Supervision of Swimming – 20 October 2009

ECS E6/A

24 November 2009

ECS E6/B

This course is specifically for Teaching Assistants (NVQ Level 2 and above). It allows head teachers to deploy TA's as group leaders to cover curriculum swimming provision. It provides support and training to allow TA's to act as visit leaders for curriculum swimming – creating PPA time.

Active Play EYFS/KS1 – 23 March 2009

ECS E8/A

22 April 2009

ECS E8/B

This course is designed for Early Years and KS1 practitioners / teachers/ teaching assistants. Delegates will receive resources material and practical ideas to help encourage Active Play and particularly Games at early KS1. This is a new course focussing on provision in the early years and support teachers looking at making their Games programme more appropriate.

Action Kids – 6 November 2009

ECS E9/A

This course is for Nursery and Foundation Stage practitioners in schools or private settings. Action Kids covers song, rhyme, music, movement. Parachute play, activities leading to games, gymnastics & dance, and physical development with fun session plans. This course focuses on Action Kids 600 and the links with the Early Years Curriculum. As such the course is more suitable for nursery nurses, practitioners and early year's teachers/coordinators.

Teaching PE in your NQT Year (Primary) - 19 November 2009

ECS F1/A

This course is specially designed for NQT's in Norfolk Primary School. This course will provide practical guidance / resources to help NQT's teach, plan and assess high quality PE. It will cover all relevant health and safety implications in teaching all areas of the PE curriculum. It is aimed to provide guidance and support in planning, teaching and assessing high quality PE. NQT's will be more aware and competent in the delivery of PE in their schools.

Teaching PE in your NQT Year (Secondary) – 9 November 2009

ECS F2/A

This course is specially designed for NQT's in Norfolk Secondary School. This course will provide practical guidance / resources to help NQT's teach, plan and assess high quality PE. It will cover all relevant health and safety implications – local and national, in teaching all aspects of learning within PE. It is aimed to provide guidance and support in planning, teaching and assessing high quality PE. NQT's will be more confident and competent in the delivery of high quality PE in their schools.

High Quality Gymnastics Floorwork to Apparatus – 10 November 2009

ECS F3/A

19 January 2010

ECS F3/B

23 February 2010

ECS F3/C

This course is specifically designed to support teachers; NPETCS candidates to plan teach and assess high quality gymnastics provision. To develop a detailed framework and understanding of how to move pupils from floor to apparatus effectively and safely. It will cover all aspects of the safe use of apparatus – its handling, planning its use and staff confidence / competence in teaching with it.

High Quality Dance @ KS2 – 26 January 2010

ECS F5/A

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Dance at KS2. It is specially designed for those who lack confidence, support or training in delivering this required (statutory) area of the PE curriculum. It will provide a practical framework to delivering high quality dance in schools. The resources provided will give ideas to support learning. Teachers will be more confident and competent in delivering dance at KS2.

High Quality Dance @ KS3 – 28 January 2010

ECS F6/A

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Dance at KS3. It is specially designed for those who lack confidence, support or training in delivering this element of the PE curriculum. It will provide a practical framework to delivering high quality dance in schools. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent in delivering dance at KS3.

Developing Thinking Skills and Problem Solving through Outdoor Adventurous Activities

OAA - 7 October 2009

ECS F7/A

OAA - 16 November 2009

ECS F7/B

This popular course seeks to allow teachers to make greater use of OAA as an area of activity and to increase the learning impact. This area of activity is often forgotten by school but potentially offers the greatest cross-curricular potential. The course is suitable for teachers and TA's. This course will develop greater awareness of the uniqueness of OAA within the curriculum, to help colleagues plan, deliver and evaluate high quality provision. Candidates will be confident to develop this exciting area of activity.

Delivering High Quality PE to young people with Autism – 7 December 2009

ECS F8/A

Delivering High Quality PE to young people with Autism – 22 February 2010

ECS F8/B

Supporting pupils with Autism in PE can be challenging. This course seeks to give practical guidance and resources to help teachers plan and deliver High Quality PE to pupils with Autism. This course is suitable for teachers, teaching assistants and SENCO's.

Understanding Physical Health and Well-Being – planning for the new curriculum changes

2 December 2009

ECS F9/A

10 February 2010

ECS F9/B

This course is designed to prepare PE subject leaders for the new curriculum changes and how to plan for the most effective curriculum cross-over. The shift towards health the well-being will necessitate a significant planning and development change. You will be provided with guidance and resources to help planning for the new changes. Subject leaders will be able to plan effectively for the new changes and challenges to the curriculum.

County Swimming Certificate – supporting the learning poolside 4 January 2010

ECS G1/A

This course is specifically designed for teachers and school staff who are working alongside the fully qualified swimming teacher/ instructor for with a small group of pupils. It is ESSENTAIL requirement to support pupil learning poolside. It will provide a framework in which to support and develop pupils swimming skills and will increase the quality of provision and pupil standards in school swimming.

Norfolk PE Teaching Competence Standards Programme (NPETCS)

10 December 2009 (first session of 13 over one year)

ECS G2/A

This extremely successful and popular course for Teaching Assistants (NVQ Level 2 and above) to be trained to deliver high quality PE in primary schools is now in its fifth year of operation. The whole programme is based around a series of competencies, enabling head teachers to deploy them in full confidence that delegates are complying with all appropriate legislation including health and safety and ensuring a high quality experience and entitlement for their young people.

Trampoline Refresher Course (Secondary & Special) 26 November 2009

ECS G3/A

04 December 2009

ECS G3/B

26 February 2010

ECS G3/C

05 March 2010

ECS G3/D

This course is aimed at subject teachers with responsibility for the delivery of trampolining both in and out of curriculum time. These courses are a one day refresher aimed at teachers who have previously attended the three day teachers' trampolining award and /or the refresher courses in Norfolk's two years rolling programme established in 2006.

Rebound Therapy – 26 & 27 November 2009

ECS G4/A

The course is aimed at subject teachers with responsibility for the delivery of trampolining both in and out of curriculum time. It is a two-day certified **Rebound Therapy** Staff Training course using a trampoline to provide therapeutic exercise and recreation for young people with a wide range of Special Needs

Gifted in PE (Primary) – 04 November 2009

ECS E7/A

28 January

ECS E7/B

19 March

ECS E7/C

This course will focus upon how to best support KS2 students who show promise within PE and Sport, and will in turn onto national performance pathways. The course will explore the use of multi-skills and link national policies into local practice.

Developing and Implementing Gifted in PE and Sport Provision (Secondary)

11 November 2009

ECS E4/A

Date TBC December 2009

ECS E4/B

26 February 2010

ECS E4/C

28 April 2010

ECS E4/D

This course will provide a detailed explanation of national programmes highlighting how secondary pupils can progress with the support of their school. The course will explore funding streams and link national policy to county school implementation.

INSET Enquiry / Advice & Support

Please use this form to contact us about the possibility of delivering an INSET opportunity at your school for your staff. This could be either a twilight staff meeting or a half-day on a school closure day or even team teaching with colleagues during an afternoon or morning.

We will contact you to discuss your exact needs and to plan your INSET to ensure the most effective delivery and impact. We want to ensure that the impact of the training makes a significant difference to the outcomes for young people who will experience a high quality entitlement in terms of PE provision.

Name of School:.....

Contact at the school (name).....

Telephone number: (std).....

e-mail: (if preferred).....

Please use this space to briefly outline your needs:

How many staff will be involved in the session?

What timings would you like? (eg; 3:30pm – 5:15pm)

Initial INSET request is for: **A Twilight Session** **A Closure Day** **Team Teaching**

Initial Advice & Support request is for: **Half Day** **Full Day**

Please return this form to: **PE and Sport Development Service,
The Turner Road Centre, Turner Road,
Norwich, Norfolk NR2 4HB**

Or Fax back to: **01603 760448**