

# ENGAGE



# SCHOOL GAMES

BrecklandSSP  
Virtual Challenge

## Tennis Challenge

**DATES: 10th – 14<sup>th</sup> May**

### Theme

These events are non-competitive and focus on targeting pupils who benefit from being physically active.

### Event/ challenge

4 fun tennis activities focussing on sending/receiving skills. Learning to track the ball and be able to hit shots.

### Year groups

Year 1-6

### Where?

Why not try each of the challenges in PE lessons before putting together a mini-Olympic themed festival where pupils compete in an intra-school competition?

### Leadership opportunities

#### Engage leaders by:

- Using leaders to lead part of the session (warm up).
- Using leaders to time the activities.
- Using leaders to deliver a cool down activity.
- Using leaders to record results.
- Using leaders to take photographs for use on social media to celebrate school involvement in the School Games.
- Using leaders to demonstrate tasks.

# SCHOOL GAMES

## VALUES

During each School Sport Partnership experience pupils are challenged to demonstrate the School Games values.



**Determination-** Each time I start a challenge I will try hard to get a better score than last time.



**Passion-** Showing passion for your team by being enthusiastic to take part and always supporting others.



**Respect-** Pupils are encouraged to respect the opponent and team-mates alike but most of all to respect the leaders.



**Honesty-** If a leader does not see something being honest enough to correct them.



**Self-Belief-** Supporting each other and your fellow team-mates will help to ensure that the individual parts add up to a successful team performance.



**Teamwork-** Individual performances add up to team success so it is important that all pupils work as a team.



BRECKLAND  
SCHOOL SPORT PARTNERSHIP



## HOW TO ENTER

1. Familiarise yourself with the Tennis Resource videos below:-  
Challenge 1: Roll ball to target  
Challenge 2: Throw/Hit/Catch  
Challenge 3: The Stop Rally  
Challenge 4: The Rally  
(ALL VIDEOS CAN BE SEEN ON BRECKLAND SSP YOU TUBE CHANNEL)
2. Set up the challenges in a carousel.
3. Allow the pupils to practice each challenge.
4. You might want to score the pupils and record their final score for each challenge or allow pupils to focus on achieving their personal best.
5. **Submit your monitoring form to Stu Silvester by Friday 28<sup>th</sup> May.**

## SCORING/ certificates

Each time your class takes part in a weekly challenge reward pupil with a class star sticker on the class recording sheet.

Schools will be sent a participation certificate for each pupil that has taken part in the summer term challenges. Schools can also request a sportsmanship award certificate for pupils who have demonstrated the School Games Values whilst participating in the virtual event.

## RISK ASSESSMENT

It is the responsibility of each school to assess the risk for participating in the challenges within their own school. It is the responsibility of schools to ensure that any space and equipment used is suitable for the challenge being attempted.

## SAFEGUARDING

During the Breckland SSP virtual challenges schools must adhere to their own school safeguarding and photo consent policies.

## COVID 19

The Breckland SSP virtual challenges should be completed in accordance with your schools Covid-19 PE policy.



## Getting started

- Each group rotates through their four challenges
- Each pupil records a score for each challenge.
- A pupils personal best score is recorded.

## Equipment required

- A starting device (whistle).
- A stopwatch (with multi memory function).
- Tennis racquets.
- Tennis balls (ideally sponge or mini red).
- Tennis nets or anything that can resemble a net (bench).
- Mark out appropriate size courts
- Cones for targets and recovery positions.
- Results recording -Clipboards, Pens/paper.

## Think Inclusively!

**Space-** Make the distances shorter for some pupils.

**Task-** Focusing on developing the skills before recording scores.

**Equipment-** Use mini red balls/sponge balls if possible, lower net.

**People-** Guide runners/visual markers to support visually impaired pupils, some events may need simple considerations or adaptations to enable disabled/ SEN students to participate, to ensure a meaningful competition opportunity the inclusion of additional races for disabled/SEN children should be included.

Challenge one- Roll ball to target

Challenge Two- Throw/Hit/Catch

Challenge Three- The Stop Rally

Challenge Four- The Rally

