



Bringing energy and fitness to the workplace

Breckland Fit4work District Tournament Dereham

Make sure your business is part of the action!

Fit4Work is aimed at getting employees in Norfolk active. This tournament offers the opportunity for organisations in the Breckland district to enter fun, competitive sport.

Prizes are up for grabs and winning teams will receive free entry into the Fit4work Corporate Games on Friday 10th June 2011 at the UEA Sportspark.

Venue: Aldiss Park, Dereham

Date: Thursday 14th April 2011, 7pm – 10pm

5-a-side Football - Grass Surface (5 – 7 players) £10 per team Netball (7 – 10 players)

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To book a place on behalf of your organisation please visit www.activenorfolk.org/fit4work

Places are limited so book early to avoid disappointment

